



Better Basketball Practices: A Guide to Planning and Conducting Efficient Basketball Practices and Planning to Build a Winning Basketball Program (Paperback)

By Kevin Sivils

Createspace, United States, 2010. Paperback. Book Condition: New. 228 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****. Teams play like they practice. Even in ideal circumstances time for practice is limited. Coaches need to make the most of available practice time. Better Basketball Practices contains valuable information in the areas of: * Overriding Purpose * Planning for optimum learning during practice * Planning to plan practice * Setting the tone for practice * Creating organized, efficient and productive practices * Building intensity in practice * Planning for special situations * Planning for late season practice * Ideas about quality practices * Common coaching mistakes in planning practice Includes 34 simple drills designed to teach essential fundamentals of the game. Complete with 74 diagrams and descriptions of each drill and possible variations. Learn from a veteran head coach with over 460 career varsity wins and 8 Coach of the Year awards. Build a better team and a better basketball program by planning, organizing and conducting better basketball practices.

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