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## Going within: A Guide for Inner Transformation (Paperback)

By Shirley MacLaine

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Transformation is at heart of her profound and inspiring message—the power to shape our lives, to find inner peace and awareness, and to reach highest potential in relationships, at work, and at home. Candid, often controversial, and always courageous, Shirley MacLaine opens the doors to an irresistible journey of discovery and revelation. By going within, she shows us how to reach...


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