



## 200 Veg-Growing Basics

By Richard Bird, Hamlyn

Paperback. Book Condition: New. Not Signed; Growing your own veg is an enjoyable, economical and environmentally-friendly activity that everyone can enjoy. Whether you have a front garden, back garden or simply a humble window-box, anyone with green-fingers can plant, nurture and produce their own vegetables. Not only is it the perfect way to ensure that you and your family eat fresh, nutritious foods but it's also a great way to reduce your carbon footprint. Whether you're a beginner or an experienced gardener, this essential guide - all packed into a handy format - tells you everything you need to know to grow your own veg, with expert tips and practical advice along the way to ensure perfect results. book.

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