



The Most Powerful Weight Loss Device Ever Made: The Human Brain (Paperback)

By Claude Viens

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. Large Print. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. Millions of people are struggling to find a way out of obesity without knowing they already own THE MOST POWERFUL WEIGHT LOSS DEVICE EVER MADE. This simple book written by a simple man explains how mastering our thoughts can influence our behavior, which is responsible for the way we are. Here is what readers are saying about this life changing book; You are about to embark on a roadmap to weight loss that will put you in the driver's seat once and for all. Claude's premise is that weight loss success starts from a mental angle before a physical one. I enjoyed that Viens included his own personal experiences and opinions from his own journey--it's much more motivating to me to know that someone has been in the same place I am and has been able to overcome it. Some call it the law of attraction and author Claude Viens has written a great book on these ideas as they apply to weight loss. It really is all in your...

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