



Way of the Superior Man (Paperback)

By David Deida

SOUNDS TRUE INC, United States, 2006. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book. The Ultimate Spiritual Guide for Men What is your true purpose in life? What do women really want? What makes a good lover? If you're a man reading this, you've undoubtedly asked yourself these questions-but you may not have had much luck answering them. Until now. In *The Way of the Superior Man*, David Deida explores the most important issues in men's lives-from career and family to women and intimacy to love and spirituality and relationships-to offer a practical guidebook for living a masculine life of integrity, authenticity, and freedom. Join this bestselling author and internationally renowned expert on sexual spirituality for straightforward advice, empowering skills, body practices, and more to help you realize a life of fulfillment, immediately and without compromise. It is time to evolve beyond the macho jerk ideal, all spine and no heart, writes David Deida. It is also time to evolve beyond the sensitive and caring wimp ideal, all heart and no spine. *The Way of the Superior Man* presents the ultimate challenge-and reward-for today's man: to discover the unity of...

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