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The Vegan Slow Cooker: Simply Set it and Go with 150 Recipes for Intensely Flavorful, Fuss-free Fare Everyone (Vegan or Not) Will Devour

By Kathy Hester

Fair Winds Press. Paperback. Book Condition: New. Paperback. 224 pages. Dimensions: 9.1in. x 7.3in. x 0.7in. Kathys stellar recipes and straightforward instructions will have you creating hot, fresh, gourmet meals in just minutes a day. No more slaving away in the kitchen. With The Vegan Slow Cooker, youll be eating like a queen with just the flip of a switch! Rory Freedman, author of the 1 New York Times bestseller Skinny Bitch This book might just revolutionize vegan cooking! Kathy Hesters recipes are ridiculously fast and easy, unbelievably delicious, and believe it or not cheap. Bravo, Kathy!Kathy Freston, New York Times best-selling author of Veganist, Quantum Wellness, and The Quantum Wellness CleanseThe Vegan Slow Cooker is a fantastic collection of mouthwatering, fuss-free, easy-to-make vegan recipes. From curries, dals, and steamy stews to casseroles, breads, and decadent desserts, youll be serving up delicious slow-cooked meals every day of the week. Julie Hasson, author of Vegan DinerThe health advantages of a plant-strong diet are compelling and well proven. But preparing yummy meals that are wholesome can be time consuming. Thats where this book comes in. Slow cookers can be huge labor and time savers, if you know how to use them. This is the book that...



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